

BOXED SALADS

gf = gluten free

EXPRESS SALADS choose two salads or chef's assortment

Served with either a muffin or roll with butter and a fresh baked cookie. 9.95

BOATWERKS CHOPPED SALAD *gf*

Grilled chicken, bacon, avocado, corn, bleu cheese crumbles, cucumber, tomato and mixed greens.

GREEK SALAD WITH GRILLED CHICKEN OR SHRIMP *gf*

Cucumber, tomato, red onion, feta and kalamata olives.

CLASSIC CAESAR SALAD WITH GRILLED CHICKEN OR SHRIMP *gf without croutons*

Romaine, rosemary focaccia croutons and parmigiano reggiano cheese with anchovy caesar dressing.

SPINACH SALAD WITH GRILLED CHICKEN OR SHRIMP *gf*

Dried cherry, mandarin orange, red onion, bleu cheese crumbles and toasted pecans.

EXECUTIVE SALADS choice of two salads or chef's assortment

Served with either a muffin or roll with butter and choice of cookie or brownie. 11.95

CHICKEN CAPRESE SALAD *gf*

Grilled marinated breast of chicken served on a bed of greens alongside sliced fresh mozzarella, vine ripe tomato and fresh basil. Garnished with olives then finished with olive oil and a dash of sea salt and fresh cracked pepper.

SALMON NICOISE SALAD *gf*

Grilled salmon filet, string beans, baby potatoes, hard-boiled egg, tomato and kalamata olives arranged over a bed of mixed greens.

CURRY CHICKEN SALAD *gf*

Diced chicken, celery, golden raisins and toasted cashews in a light curry dressing on a bed of mixed greens garnished with fresh pineapple, strawberries and red grapes.

SEAFOOD SALAD *gf*

Chilled poached shrimp and langostino lobster meat salad served on a bed of greens with avocado, cucumber, tomato and hard-boiled egg.

SANTA FE CHICKEN SALAD *gf*

Chopped romaine lettuce topped with black bean-corn salsa, charred peppers and onions, cheddar cheese, ancho chile spiced grilled chicken and crispy tortilla strips.



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ANTIPASTO SALAD *gf*

Thinly sliced sopressata salami arranged over a bed of greens with tomato, fresh mozzarella, pepperoncini, olives and marinated artichokes drizzled with olive oil.

THAI CHICKEN SALAD

Shredded daikon, carrot, cucumber, cabbage, pea shoots and spicy peanut dressing topped with grilled marinated breast of chicken.

VEGETABLE ANTIPASTO SALAD *gf*

Grilled zucchini, red bell pepper and eggplant arranged on a bed of mixed greens with tomato, fresh mozzarella, marinated artichokes and olives drizzled with olive oil.

QUINOA AND GRILLED SWEET CORN SALAD *gf*

Cherry tomatoes, shaved celery, feta cheese and toasted pecans tossed with lemon-chive vinaigrette.